

## ECC MENU for April 2019

April 1-5

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Breakfast	WG Cheerios Cereal Apple Slices Milk	Fresh Croissants/ Bananas Milk	WG Bagels/Cream Cheese Fresh Orange Slices Milk	Frozen Waffles Fresh Apple Slices Milk	Hot Cinnamon Oatmeal, Fresh Orange Slices Milk
Lunch	Mac And Cheese Bananas Fresh Green Beans Milk	chicken Pilaf Romaine Salad Cantaloupe Milk	Chicken Sandwiches Fresh Roasted Broccoli Water melon Milk	Beef Spaghetti Canned Corn, Fresh Pears, Milk	Lentil Soup/Rice Salad Watermelon Milk
Snack	Chex Mix Apple Juice	Cheese it Crackers Apple Juice	Cheese Sticks And Crackers Apple Juice	Pb And J Sandwiches Water	Animal Crackers Cantaloupe Slices

April 8-12

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Breakfast	Whole Grain Cereal (Honey Bunches of Oats) fresh apples, milk	Frozen Pancakes Fresh oranges, milk	French Toast Sticks Bananas, milk	Yogurt parfait with granola and berries, milk	Bagels/ Cream Cheese fresh oranges,milk
Lunch	Beef Pasta Fresh Apple Slices, Fresh Green Beans Milk	Falafel Sandwiches Grapes Salad Milk	Chicken Quesadillas Canned Pineapple Salad Milk	Turkish Beef pilaf Romaine Salad canned fruit cocktail , milk	Mac and Cheese Fresh Orange Slices, Fresh Steamed Broccoli milk
Snack	Greek yogurt and mixed fruit smoothie Crackers	Cheese Sticks Apple Sauce	Banana Bread Milk	WG English Muffin Pizza, apple juice	Graham crackers, Canned pineapple chunks

April 15-19

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Breakfast	Whole grain Hot Oatmeal Cereal, fresh Apple Slices, milk	WG Bagels with Cream Cheese, Orange juice milk	Croissants/Straw berry Jam, Fresh Orange Slices, milk	Frozen Pancakes Pancakes, Fresh Grapes, milk	Whole grain cereal (Cheerios), fresh oranges, milk
Lunch	Tuna Sandwiches Fresh Pears Fresh Roasted Broccoli Milk	Chicken Pilaf Fresh Salad Canned Pineapple Milk	Beef Spaghetti Roasted Mix Veggies Bananas Milk	WG Chicken Wraps Watermelon Salad milk	Homemade Chicken pizza, Fresh Fruit Salad Canned Green Beans Milk
Snack	Vanilla Wafers Fresh Grapes	Cheese Quesadillas Apple Juice	Yogurt Cups Multi Grain Crackers Water	Animal Crackers Fruit Cups	Graham Crackers /Vanilla yogurt, water

April 29-30

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Breakfast	WG Cheerios Cereal Apple Slices Milk	WG Bagels/Cream Cheese Bananas Milk			
Lunch	Mac And Cheese Fresh Grapes Fresh Green Beans Milk	Chicken Biryani Fresh Salad bananas Milk			
Snack	Chex Mix Cantaloupe Slices Water	Vanilla Wafers, Apple Sauce Water			