

MENU for February 2024

Feb 5-9

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Breakfast	Wg cereal fresh mandarins, milk	fresh croissants Bananas, milk	WG bagels strawberry, milk	Scrambled eggs, apple, milk	WG pancakes, Strawberry, milk
Lunch	Lentils soup, bread, grapes, milk	chicken sandwiches milk, apples pasta/ chicken and veggies	Beef pilaf Fresh salad Grapes, Milk	beef taco, fresh orange, milk *beef pasta	Beef spaghetti, banana, Milk
Snack	Boiled eggs, Apple juice Crackers	Hummus/Pita bread, grape juice	Yogurt with fruits water	Mozzarella sticks wG crackers orange juice	Cheese it/ apple sauce grape juice

Feb 12-16

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Breakfast	WG cereal Pineapple milk	French toast sticks Bananas, milk	Whole grain Pancakes/Syrup fresh oranges, milk	scrambled eggs W toast, Milk	Croissant with chocolate, strawberry, milk
Lunch	Chicken pilaf Salad, mandarin, Milk	Beef burger, baked fries fresh pears milk * Lentils soup	Chicken pasta, salad, Fresh apple slices, milk	Fish and Rice Salad, Grapes Milk	Chicken Mac N cheese fresh orange, Fresh Salad, milk
Snack	cheese quesadilla, apple juice	Boiled eggs, grape juice, crackers	Yogurt drink, graham crackers	PB AND J sandwiches apple juice	cheese sticks WG crackers apple juice

Feb 19-23

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Breakfast	Wg cereal bananas, milk	scrambled eggs W toast, fresh oranges, Milk	Croissants, with chocolate, banana,milk	Bagels with cream cheese, strawberry, milk	wg waffle/ syrup fresh oranges milk
Lunch	Chicken pilaf tomato,cucumbe r salad, oranges, mil	Lentil soup/ breads bananas, milk	Beef spaghetti, banana, Milk	Beef Taco, avocado salad, milk Beef pilaf	Tuna sandwiches Fresh Apple fresh salad, Milk
Snack	Applesauce, graham crackers	Yogurt with fruits water	PB/jelly sandwich Grape juice	mini bagels pizza apple juice	Cheese sticks crackers orange juice

Feb 26- Mar 1

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Breakfast	WG cereal Pineapple slices Milk	WG waffles apple slices milk	pancakes fresh oranges, milk	French toast sticks bananamilk	scrambled eggs Ww toast, fresh oranges, Milk
Lunch	Beef pilaf, grapes, romaine salad, milk	Falafel sandwiches fries Peaches Milk	chicken noodle soup breads bananas, milk	chicken quesadillas salad, mandarines, mik	Beef spaghetti, grapes, milk
Snack	Cheese quesadilla, grape juice	Mini Bagel Pizza, fresh pineapples, water	PB And Jam Sandwiches, orange juice	Yogurt drink, animal crackers	Croissants/ Strawberry Jam, grape juice

*Substitutes for Infants