

## MENU for April 1-4

March 31 -April 4

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Breakfast		Bagels with Cream cheese, Bananas, Milk	Pancakes/ Fresh Apple Slices, Milk	Frozen Waffles, Fresh Oranges, Milk	Scrambled Eggs, Strawberries, Milk
Lunch	<b><u>NO SCHOOL</u></b>	Mac and cheese Bananas, Milk	Chicken Pilaf Fresh salad Grapes Milk	Lentil Soup/ WW Toast Fresh Apples, Milk	Beef Spaghetti Corn, Mixed Berries, Milk
Snack		Naan Pizza, Grape juice	Bananas/ graham crackers	Animal crackers Fruit cups Water	Mozzarella sticks WG crackers Orange juice

April 7-11

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Breakfast	WG Cereal, Fresh Mandarins, Milk	French Toast Sticks, Bananas, Milk	Scrambled eggs, WG Bread, Apples, Milk	WG Pancakes Fresh oranges Milk	Croissants with Jam, Strawberries, Milk
Lunch	Chicken Noodle Soup, Toasted WW Bread, Grapes Milk	Butter Chicken, Fresh naan bread Milk	Chicken Quesadilla, Corn, Fresh Apples, Milk chicken pasta	Baked fish/ Sweet pea pilaf Romaine salad, Fresh grapes Milk	Chicken Melt Sandwich, Baked chips Pineapple, Milk
Snack	Graham crackers Apple sauce Milk	Hummus, Pita bread, grape juice	Yogurt with fruits water	Boiled Eggs, Orange Juice	Mozzarella Cheese sticks, WG crackers, Orange Juice

April 14-18

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Breakfast	WG cereal Cheerios Fresh orange Milk	Whole grain Pancakes/Syrup fresh oranges, Milk	French toast sticks Fresh orange slices Milk	Scrambled eggs WW toast, Milk	Croissant with chocolate, strawberry, Milk
Lunch	Spaghetti Bolognese, Salad, Mixed Berries, Milk	Chicken Biryani, Yogurt, Cucumber Slices, Apples, Milk	Lentil soup Whole wheat bread, Pineapples, Milk	Baked fish/Rice Fresh Salad, Oranges Milk	Mac and Cheese Corn, Bananas, Milk
Snack	Cheese quesadilla, apple juice	Yogurt drink, graham crackers	Banana muffins Fresh fruit Milk	PB AND J sandwiches apple juice	Cheese sticks WG Crackers Apple juice

April 21-25

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Breakfast	WG cereal Pineapple slices Milk	Scrambled Eggs, W toast, fresh oranges, Milk	Fresh Crossiants, Apple slices Milk	WG Pancakes Fresh Apple slices, Milk	Frozen Waffles Mandarins, Milk
Lunch	Chicken Alfredo, Roasted Broccoli, Pineapple Chunks Milk	Taco Tuesday Romaine salad Pears, Milk	Chicken Wraps, Canned Corn, Banana, Milk	Chicken Pilaf, Fresh Salad, Fresh oranges Milk	Beef Spaghetti Salad Grapes Milk
Snack	cheese toast Apple juice	Yogurt with fruits water	pb and j sandwich Water	Cheese sticks Crackers Apple juice	Danimal yogurt Fruit cups Water

April 28- May 2

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Breakfast	WG Cereal Bananas, Milk	Bagels with Cream cheese, Bananas, Milk	French toast sticks Fresh orange slices Milk	Frozen Waffles, Fresh oranges Milk	WG Pancakes, Strawberry, Milk
Lunch	Baked Beef Pasta, Roasted broccoli, Banana Milk	Potato and meat curry/Basmati rice Romaine salad Fresh Oranges, Milk	Chicken wraps Cucumber Slices, Apples Milk Chicken pasta	Chicken Pilaf, Fresh Salad, Fresh Apples, Milk	Spaghetti Bolognese, Salad, Mixed Berries, Milk
Snack	Peanut Butter and Jelly Sandwiches	Naan Pizza Grape juice	Boiled Eggs, Orange Juice	Animal crackers Fruit cups Water	Mozzarella sticks WG crackers Orange juice