

MENU for February 2025

February 3-7

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Breakfast	WG Cereal Bananas, Milk	Bagels with Cream cheese, Bananas, Milk	Pancakes Fresh apple slices Milk	Waffles Fresh oranges, Milk	Cheese scrambled eggs, Strawberry, Milk
Lunch	Lentil soup/ rice Romaine salad Fresh Oranges, Milk	Baked Chicken, Mashed potatoes toast, Banana Milk	Chicken Quesadilla, Corn, Fresh Apples, Milk	Chicken Pilaf, Fresh Salad, Fresh Apples, Milk	Tuna Sandwiches Baked chips Mixed Berries, Milk
Snack	Peanut Butter and Jelly Sandwiches	Naan Pizza Grape juice	Bananas/ Graham crackers	Animal Crackers Fruit cups Water	Mozzarella sticks WG crackers Orange juice

February 10-14

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Breakfast	Wg Cereal, Fresh mandarins, Milk	French Toast Sticks, Bananas, Milk	Scrambled eggs, WG bread, Apples, Milk	WG Pancakes Fresh Oranges Milk	Croissants with Jam, Strawberry, Milk
Lunch	Chicken Noodle Soup Toasted WW Bread, Fresh Salad, Grapes Milk	Chicken Quesadilla, Corn, Fresh Apples, Milk	Butter Chicken, White Rice, Fresh Salad, Milk	Baked fish/ Sweet pea pilaf Romaine salad, Fresh grapes Milk	Chicken Melt Sandwich w/Salad, Pineapple, Milk
Snack	Graham crackers Apple sauce Milk	Hummus, Pita bread, grape juice	Yogurt with fruits water	Boiled Eggs, Orange Juice	Mozzarella cheese sticks, WG crackers orange juice

February 17-21

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Breakfast	WG cereal Cheerios Fresh orange Milk	Whole grain Pancakes/Syrup fresh oranges, Milk	French toast sticks Fresh orange slices Milk	Scrambled eggs WW toast, Milk	Croissant with chocolate, strawberry, Milk
Lunch	Spaghetti Bolognese, Salad, Mixed Berries, Milk	Chicken Biryani, Yogurt, Cucumber Slices, Apples, Milk	Chicken Noodle Soup Whole wheat bread, Pineapples, Milk	Baked fish/ rice Fresh salad Oranges Milk	Mac and Cheese Corn Bananas, Milk
Snack	Cheese quesadilla, apple juice	Yogurt drink, graham crackers	Banana muffins Fresh fruit Milk	PB AND J sandwiches apple juice	Cheese sticks WG Crackers apple juice

February 24-28

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Breakfast	WG cereal Pineapple slices Milk	Scrambled Eggs W toast, fresh oranges, Milk	Fresh croissants/ Strawberry jam Apple slices Milk	WG Pancakes Fresh Apple slices, Milk	Frozen Waffles Mandarins, Milk
Lunch	Chicken Alfredo Roasted Broccoli, Pineapple chunks Milk	Taco Tuesday Romaine salad Pears, Milk	Chicken Wraps Canned Corn Bananas, Milk	Chicken Pilaf, Fresh Salad, Fresh oranges Milk	Beef Spaghetti Roasted Broccoli, Grapes Milk
Snack	cheese toast Apple juice	Yogurt with fruits water	pb and j sandwich Water	Cheese sticks Crackers Apple juice	Danimal yogurt Fruit cups Water