

MENU for January 2025

December 30- January 3

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Breakfast	WG Cereal Bananas, Milk	Bagels with Cream cheese, Bananas, Milk		Hot Cinnamon Oatmeal, Fresh oranges, Milk	WG Pancakes, Strawberry, Milk
Lunch	Potato soup/ basmati rice Romaine salad Fresh Oranges, Milk	Baked Beef Pasta, Roasted broccoli, Banana Milk	<u>NO SCHOOL</u>	Chicken Pilaf, Fresh Salad, Fresh Apples, Milk	Spaghetti Bolognese, Salad, Mixed Berries, Milk
Snack	Peanut Butter and Jelly Sandwiches	Naan Pizza Grape juice		Animal crackers Fruit cups Water	Mozzarella sticks WG crackers Orange juice

January 6-10

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Breakfast	Wg cereal, fresh mandarins, Milk	French Toast Sticks, Bananas, Milk	Scrambled eggs, WG bread, Apples, Milk	WG Pancakes Fresh oranges Milk	Croissants with Jam, Strawberry, Milk
Lunch	Lentil soup Toasted WW Bread, Fresh Salad, Grapes Milk	Butter Chicken, White Rice, Fresh Salad, Milk	Chicken Quesadilla, Corn, Fresh Apples, Milk	Baked fish/ sweet pea pilaf Romaine salad, Fresh grapes Milk	Chicken Melt Sandwich w/Salad, Pineapple, Milk
Snack	Graham crackers Apple sauce Milk	Hummus, Pita bread, grape juice	Yogurt with fruits water	Boiled Eggs, Orange Juice	Mozzarella cheese sticks, WG crackers orange juice

January 13-17

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Breakfast	WG cereal Cheerios Fresh orange Milk	Whole grain Pancakes/Syrup fresh oranges, Milk	French toast sticks Fresh orange slices Milk	Scrambled eggs WW toast, Milk	Croissant with chocolate, strawberry, Milk
Lunch	Spaghetti Bolognese, Salad, Mixed Berries, Milk	Chicken Biryani, Yogurt, Cucumber Slices, Apples, Milk	Chicken Noodle Soup Whole wheat bread, Pineapples, Milk	Chicken Quesadilla, Roasted Broccoli, Oranges Milk	Chicken Sandwich, Baked Chips, Bananas, Milk
Snack	Cheese quesadilla, apple juice	Yogurt drink, graham crackers	Banana muffins Fresh fruit Milk	PB AND J sandwiches apple juice	Cheese sticks WG Crackers apple juice

January 20-24

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Breakfast		Scrambled Eggs W toast, fresh oranges, Milk	Hot Cinnamon Oatmeal, Bananas, Milk	WG Pancakes Fresh Apple slices, Milk	Frozen Waffles Mandarins, Milk
Lunch	<u>NO SCHOOL</u>	Chicken Mac and Cheese, Broccoli Pears, Milk	Kofta Kabobs with Pita, Cucumbers, Pears, Milk	Chicken Pilaf, Fresh Salad, Fresh oranges Milk	Lentil soup/Rice Salad Grapes Milk
Snack		Yogurt with fruits water	Applesauce, graham crackers	Cheese sticks Crackers Apple juice	Danimal yogurt Fruit cups Water

January 27-31

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Breakfast	WG Cereal Bananas, Milk	Bagels with Cream cheese, Bananas, Milk	French toast sticks Fresh orange slices Milk	Frozen Waffles, Fresh oranges Milk	WG Pancakes, Strawberry, Milk
Lunch	Baked Beef Pasta, Roasted broccoli, Banana Milk	Potato and meat curry/Basmati rice Romaine salad Fresh Oranges, Milk	Chicken wraps Cucumber Slices, Apples Milk	Chicken Pilaf, Fresh Salad, Fresh Apples, Milk	Spaghetti Bolognese, Salad, Mixed Berries, Milk
Snack	Peanut Butter and Jelly Sandwiches	Naan Pizza Grape juice	Boiled Eggs, Orange Juice	Animal crackers Fruit cups Water	Mozzarella sticks WG crackers Orange juice