

MENU for November 2024

November 4-8

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Breakfast	WG Cereal Fresh mandarin Milk	Bagels with Cream cheese, Bananas, Milk	Scrambled eggs, WG bread, Apples, Milk	Frozen Waffles, Fresh oranges Milk	WG Pancakes, Strawberry, Milk
Lunch	Chicken Pilaf Romaine salad Canned Peaches, Milk	Beef Spaghetti Fresh broccoli Apples, Milk	Lentil soup/ White Rice, Cucumber Slices, Watermelon Milk	Fish Fry/ French fries Banana Milk	Baked Chicken Tenders Mashed potatoes Oranges, Milk
Snack	Peanut Butter and Jelly Sandwiches	Pita bread pizza Grape juice	Yogurt with fruits Water	Animal crackers Fruit cups Water	Mozzarella sticks WG crackers Orange juice

November 11-15

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Breakfast	Wg cereal, fresh mandarins, Milk	Hot Cinnamon Oatmeal, Bananas, milk	Scrambled eggs, Apples WG bread, milk	Pancakes Fresh oranges Milk	Croissants with Jam, Strawberry, Milk
Lunch	Baked Beef pasta Roasted broccoli Banana Milk	Chicken wraps Cucumber Slices, Apples Milk	Kofta Kabobs with Pita, Cucumbers, Pears, Milk	Chicken Mac and cheese Roasted Broccoli, Pineapple, Milk	Tuna sandwiches Baked Chips, Carrot Sticks w/Ranch, Oranges Milk
Snack	Graham crackers Apple sauce Milk	Pita bread pizza grape juice	Yogurt with fruits water	animal crackers Fruit cups Water	Mozzarella sticks wG crackers orange juice

November 18-22

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Breakfast	WG cereal Cheerios Fresh orange Milk	Whole grain Pancakes/Syrup fresh oranges, milk	French toast sticks Fresh orange slices Milk	Scrambled eggs WW toast, Milk	Croissant with chocolate, strawberry, milk
Lunch	Spaghetti Bolognese, Salad, Mixed Berries, Milk	Chicken Biryani, Yogurt, Cucumber Slices, Apples, Milk	Baked Chicken, Mashed Potato, Carrot Sticks, Pineapples, Milk	Chicken Quesadilla, Roasted Broccoli, Oranges Milk	Chicken Sandwich, Baked Chips, Bananas, Milk
Snack	cheese quesadilla, apple juice	Yogurt drink, graham crackers	cream cheese rolls Fresh fruit Milk	PB AND J sandwiches apple juice	Cheese sticks WG Crackers apple juice

November 25-29

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Breakfast	Wg cereal bananas, milk	Scrambled eggs W toast, fresh oranges, Milk	Croissants, with Jam, banana, milk		
Lunch	Beef Nachos/ Corn, Veggie Slices, Grapes Milk *Beef Pasta	Butter Chicken, White rice, Fresh Salad, Pears, Milk	Beef Spaghetti Cucumber Slices, Oranges Milk	<u>NO SCHOOL</u>	<u>NO SCHOOL</u>
Snack	Applesauce, graham crackers	Yogurt with fruits water	PB/jelly sandwich Grape juice		