

MENU for November 2024

November 4-8

| | <u>MONDAY</u> | <u>TUESDAY</u> | <u>WEDNESDAY</u> | <u>THURSDAY</u> | <u>FRIDAY</u> |
|-----------|---|---|---|--|--|
| Breakfast | WG Cereal Fresh mandarin Milk | Bagels with Cream cheese, Bananas, Milk | Scrambled eggs, WG bread, Apples, Milk | Frozen Waffles, Fresh oranges Milk | WG Pancakes, Strawberry, Milk |
| Lunch | Chicken Pilaf Romaine salad Canned Peaches, Milk | Beef Spaghetti Fresh broccoli Apples, Milk | Lentil soup/ White Rice, Cucumber Slices, Watermelon Milk | Chicken Quesadilla, Roasted Broccoli, Oranges Milk | Tuna sandwiches Baked Chips, Carrot Sticks w/Ranch, Oranges Milk |
| Snack | Peanut Butter and Jelly Sandwiches | Pita bread pizza Grape juice | Yogurt with fruits Water | Animal crackers Fruit cups Water | Mozzarella sticks WG crackers Orange juice |

November 11-15

| | <u>MONDAY</u> | <u>TUESDAY</u> | <u>WEDNESDAY</u> | <u>THURSDAY</u> | <u>FRIDAY</u> |
|-----------|---|---|--|---|--|
| Breakfast | Wg cereal, fresh mandarins, Milk | Hot Cinnamon Oatmeal, Bananas, milk | Scrambled eggs, Apples WG bread, milk | Pancakes Fresh oranges Milk | Croissants with Jam, Strawberry, Milk |
| Lunch | Baked Beef pasta Roasted broccoli Banana Milk | Chicken wraps Cucumber Slices, Apples Milk | Kofta Kabobs with Pita, Cucumbers, Pears, Milk | Fish Fry/ French Fries Bananas, Milk | Chicken Mac and cheese Roasted Broccoli, Pineapple, Milk |
| Snack | Graham crackers Apple sauce Milk | Pita bread pizza grape juice | Yogurt with fruits water | animal crackers Fruit cups Water | Mozzarella sticks wG crackers orange juice |

November 18-22

| | <u>MONDAY</u> | <u>TUESDAY</u> | <u>WEDNESDAY</u> | <u>THURSDAY</u> | <u>FRIDAY</u> |
|-----------|---|---|---|--|--|
| Breakfast | WG cereal Cheerios Fresh orange Milk | Whole grain Pancakes/Syrup fresh oranges, milk | French toast sticks Fresh orange slices Milk | Scrambled eggs WW toast, Milk | Croissant with chocolate, strawberry, milk |
| Lunch | Spaghetti Bolognese, Salad, Mixed Berries, Milk | Chicken Biryani, Yogurt, Cucumber Slices, Apples, Milk | Baked Chicken, Mashed Potato, Carrot Sticks, Pineapples, Milk | Chicken Quesadilla, Roasted Broccoli, Oranges Milk | Chicken Sandwich, Baked Chips, Bananas, Milk |
| Snack | cheese quesadilla, apple juice | Yogurt drink, graham crackers | cream cheese rolls Fresh fruit Milk | PB AND J sandwiches apple juice | Cheese sticks WG Crackers apple juice |

November 25-29

| | <u>MONDAY</u> | <u>TUESDAY</u> | <u>WEDNESDAY</u> | <u>THURSDAY</u> | <u>FRIDAY</u> |
|-----------|---|--|---|-------------------------|-------------------------|
| Breakfast | Wg cereal bananas, milk | Scrambled eggs W toast, fresh oranges, Milk | Croissants, with Jam, banana, milk | | |
| Lunch | Beef Nachos/ Corn, Veggie Slices, Grapes Milk *Beef Pasta | Butter Chicken, White rice, Fresh Salad, Pears, Milk | Beef Spaghetti Cucumber Slices, Oranges Milk | <u>NO SCHOOL</u> | <u>NO SCHOOL</u> |
| Snack | Applesauce, graham crackers | Yogurt with fruits water | PB/jelly sandwich Grape juice | | |